



# La Tour

CAFE & RESTAURANT



# MANAKISH

|   |               |
|---|---------------|
| <b>ZAATAR</b> .....   | <b>1.05\$</b> |
| <b>ZAATAR LIGHT</b> .....                                     | <b>1.10\$</b> |
| <small>Thin cereal crust with fresh thyme without oil</small> |               |
| <b>ZAATAR &amp; LABNEH</b> .....                              | <b>2.35\$</b> |
| <b>ZAATAR &amp; CHEESE</b> .....                              | <b>3.00\$</b> |
| <b>LABNEH</b> .....   | <b>2.90\$</b> |
| <b>CHEESE</b> .....   | <b>3.20\$</b> |
| <b>CHEESE &amp; HAM</b> .....                                 | <b>5.25\$</b> |
| <b>CHEESE &amp; TURKEY</b> .....                              | <b>6.00\$</b> |
| <b>CHEESE MIX</b> .....                                       | <b>4.00\$</b> |



|  |                |
|--|----------------|
| <b>HOTDOG &amp; CHEESE</b> .....         | <b>6.00\$</b>  |
| <b>CHEESE &amp; PESTO</b> .....          | <b>6.00\$</b>  |
| <b>1/2 CHEESE 1/2 ZAATAR</b> .....       | <b>3.00\$</b>  |
| <b>HALLOUMI</b> .....                    | <b>3.80 \$</b> |
| <b>AKKAWI</b> .....                      | <b>3.80 \$</b> |
| <b>BELGHARI</b> .....                    | <b>3.80 \$</b> |
| <b>BELGHARI HARRA</b> .....              | <b>3.90\$</b>  |
| <b>FETA MIX</b> .....                    | <b>3.00\$</b>  |
| <b>LAHMEH BA'AJIN</b> .....              | <b>3.90\$</b>  |
| <b>LAHMEH BA'AJIN &amp; CHEESE</b> ..... | <b>4.80 \$</b> |
| <b>KESHEK</b> .....                      | <b>3.90\$</b>  |
| <b>SPINACH</b> .....                     | <b>3.00 \$</b> |

# BREAKFAST

|  |                      |
|--|----------------------|
| <b>LABNEH PLATE</b> .....  | <b>5.00\$</b>        |
| <b>GRILLED HALLOUMI PLATE</b> .....                                    | <b>5.30\$</b>        |
| <b>GRILLED HALLOUMI PLATE LIGHT</b> .....                              | <b>4.95\$</b>        |
| <b>FOUL</b> .....  | <b>5.80\$</b>        |
| <b>EGGS</b> .....  | <b>5.60\$/5.40\$</b> |
| <small>Omelette / sunny side up , 3 eggs baked your Way</small>        |                      |
| <b>VEGGIES PLATE</b> .....   | <b>2.00\$</b>        |
| <b>CROISSANT</b> .....   | <b>1.43 \$</b>       |
| <small>(chocolate , thyme , cheese )</small>                           |                      |
| <b>LABNEH</b> .....  | <b>4.70\$</b>        |
| <small>Labneh, tomatoes, cucumbers, olives, mint and olive oil</small> |                      |
| <b>GRILLED HALLOUMI SANDWICH</b> .....                                 | <b>5.50\$</b>        |
| <small>Halloumi, tomatoes, mint and Olive oil</small>                  |                      |

**TURKEY SANDWICH**



|  |               |
|--|---------------|
| <b>GRILLED KASHKAWAN SANDWICH</b> .....  | <b>5.00\$</b> |
| <small>Kashkawan , lettuce and cucumbers</small>   |               |
| <b>HAM OR TURKEY SANDWICH</b> .....  | <b>6.00\$</b> |
| <small>Your choice of ham or turkey, lettuce , tomatoes, pickles, mustard, mayo and butter</small> |               |
| <b>KAAKE ASSROUNY FRENCH WAY</b> .....   | <b>5.50\$</b> |
| <small>Turkey and Emmental cheese</small>  |               |
| <b>KAAKE ASSROUNY HALLOUMI</b> .....   | <b>6.00\$</b> |
| <small>Halloumi, olive, cucumber, mint</small>   |               |
| <b>KAAKE ASSROUNY LABNEH</b> .....   | <b>5.50\$</b> |
| <small>Labneh, olive, tomato, cucumber and mint served with vegetables salad</small>               |               |

# SALADS

## SEASON SALAD ..... 5.80\$

Iceberg, tomato, cucumber, onions and corn served with lemon mustard sauce

## CHEF SALAD ..... 8.00\$

Iceberg, cherry tomatoes, cucumber, olives, corn, boiled egg, grilled chicken strips, turkey and cheese rolls, served with caesar dressing

## GREEK SUMMER SALAD ..... 6.50\$

Iceberg, cherry tomatoes, cucumber, olives and feta cheese, served with balsamic dressing

## CRAB & AVOCADO SALAD ..... 8.50\$

Crab, iceberg, cherry tomatoes, artichoke hearts, avocado, orange, corn, carrots & grapefruit slices seasonal), served with cocktail dressing

## FUSILLI SALAD & WHITE TUNA ..... 7.00\$

Fusilli pasta, cornichon, white tuna topped with lemon mustard cause, cherry tomatoes & olives, iceberg

## CHICKEN CEASER SALAD ..... 7.80\$

Iceberg, grilled chicken strips, parmesan cheese and croutons, served with caesar dressing

## QUINOA SALAD ..... 8.00\$

Mesclun, coriander, quinoa corn, cucumbers, cherry tomatoes, served with lemon mustard dressing

## QUINOA & BEETS SALAD ..... 9.00\$



## SALAD MINCEUR ..... 7.00\$

Rockets leaves, endives, cherry tomatoes, fresh mushrooms and parmesan, served with lemon mustard dressing

## TEX MEX SALAD ..... 8.60\$

Iceberg, grilled chicken, cherry tomatoes, carrots, nachos, sweet corn, served with Mexican sauce

## VEGAN EDAMAME SALAD ..... 8.00\$

Edamame, baby rocca, beetroots, radishes, avocado, coriander, cherry tomatoes, sesame, chia seeds, pumpkin seeds served with our signature Asian sauce



## GRILLED HALLOUMI SALAD ..... 8.00\$

Mesclun with grilled vegetables: tomato, broccoli zucchini, mushrooms, eggplants, and grilled halloumi, served with lemon mustard dressing

## THAI SALAD ..... 8.60\$

Egg noodles with julienne of carrots, cucumber, red and green capsicum, cabbage, green onions, roasted peanuts, and toasted sesame and topped with crab served with Thai dressing.

## SMOKED SALMON SALAD ..... 22.00\$

Smoked salmon rosette on a bed of arugula, pink onions, cherry tomatoes and grapefruit wedges

## COLESLAW SALAD ..... 3.08\$

## COLESLAW SALAD (300G) ..... 3.00\$

## TABOULE ..... 6.00\$

## FATTOUCH ..... 6.00\$

## TEX MEX SALAD



## CHEF SALAD



## THAI SALAD



# APPETIZERS

**FRENCH FRIES** ..... 4.00\$

**GRILLED POTATOES** ..... 4.00\$

Served with sour cream dip

**CLASSIC NACHOS** ..... 7.60\$

Tortilla chips topped with jalapenos & a mix of melted cheeses, served with guacamole, sour cream and salsa fresca

**CHICKEN STRIPS** ..... 7.00\$

Seasoned, breaded and deep-fried chicken fillet served with honey mustard dip

**CHICKEN NUGGETS** ..... 5.00\$

**HOMMOUS** ..... 2.20\$

**MTABAL**..... 2.20\$

**CRAB CLAWS** ..... 5.70\$

Served with french fries and cocktail sauce

**MOZZARELLA STICKS** ..... 5.80\$

**GARLIC BREAD** ..... 5.30\$

**CHICKEN QUESADILLAS** ..... 10.00\$

Grilled chicken breast strips on melted 3 cheese mix with grilled onions and bell pepper in tortilla fold, served with guacamole, sour cream and salsa fresca dip..

**TWISTER FRIES** ..... 5.60\$

**WEDGES POTATO** ..... 5.70\$

**SOUP OF THE DAY** ..... 5.00\$

**SMOKED SALMON & SOURDOUGH BREAD** .. 18.00\$

Cream cheese spread and lemon slices served with rocca, avocado & onion



# PASTA

**CHICKEN CARBONARA** ..... 8.50\$

**PENNE ALL ARABIATA** ..... 6.90\$

**CHICKEN FUSILLI PESTO** ..... 8.90\$

**LINGUINE AUX LEGUMES** ..... 7.80\$

**SPAGHETTI BOLOGNAISE** ..... 8.00\$

Minced beef meat, and tomato sauce topped with grated parmesan



# PIZZA

- MARGHERITA** ..... 7.85\$  
Tomato sauce with cheese & oregano
- PIZZA PEPPERONI** ..... 8.00\$  
Tomato sauce with cheese & Pepperoni
- PIZZA ULTIMATE CHEESE** ..... 9.30\$
- PIZZA MEXI-CHICKEN** ..... 9.00\$  
Tomato sauce with cheese & Chicken + BBQ Sauce
- PIZZA LEBANESE** ..... 8.90\$  
Tomato sauce with cheese & ham, olive, mushroom & corn
- PIZZA PHILLY-STEAK** ..... 10.00\$  
Tomato sauce with cheese & steak
- PIZZA TURKEY** ..... 9.00\$  
Tomato sauce with cheese & Turkey, olive, mushroom & corn
- PIZZA VEGETERIAN** ..... 8.20\$  
Tomato sauce with cheese, olive, mushroom, artichoke & corn
- SMOKED SALMON PIZZA** ..... 17.00\$  
Cream Cheese Spread on sugar free cereal dough topped with smoked salmon and Rocca leaves with a drizzle of lemon mustard sauce



# BURGERS

- CLASSIC BEEF BURGER** ..... 5.80\$  
Beef patty topped with lettuce , tomato , onions & cocktail sauce
- BRIOCHE BEEF BURGER** ..... 10.50\$  
Beef meat, tomato, lettuce, caramelized onion, blueberry sauce, pickles, and mayo
- CHICKEN BURGER** ..... 5.50\$  
Grilled chicken breast , lettuce & mayo garlic spread
- CHEESE BURGER** ..... 6.00\$
- BLACK ANGUS BURGER** ..... 12.00\$
- FISH BURGER** ..... 5.60\$
- CHICKEN LT DYNAMITE** ..... 11.00\$  
Served with fries

**BLUEBERRY SAUCE**



**BRIOCHE BEEF BURGER**

# SANDWICHES

## CRAB ..... 6.00\$

Soft bread crab, lettuce, corn, tomato, pickles cocktail sauce and lemon mustard sauce

## TUNA ..... 6.00\$

French bread, tuna, lettuce, corn, tomato, pickles mayo and lemon mustard sauce

## ROAST BEEF ..... 7.00\$

French bread, roast beef slices with lettuce, mayo mustard sauce, tomato and pickles

## TAWOOK SANDWICH ..... 5.60\$

French bread, tawook, garlic spread and coleslaw

## CHICKEN FAJITA SANDWICH ..... 7.00\$

Soft bread, grilled chicken strips marinated with spices, mushrooms onions, corn, bell pepper, and mozzarella cheese

## PHILADELPHIA SANDWICH ..... 8.50\$

Soft bread, beef marinated with spices, mushrooms, corn, bell pepper and mozzarella cheese

## CHICKEN SUBMARINE ..... 8.50\$

Served with french fries

## CHICKEN LA TOUR ..... 8.00\$

Special bread, grilled chicken strips, lettuce, corn, mayo spread and melted cheese served with french fries

## FISH FILET SANDWICH ..... 6.00\$

French bread, fried fish fillet, iceberg, pickles and tartar sauce

## BEEF SHAWARMA SANDWICH ..... 9.00\$

Marinated beef fillet slices in tahine sauce , tomatoes, onions , pickles and sumac served with french fries

## CHICKEN SHAWARMA SANDWICH ..... 8.00\$

Grilled chicken strips, lettuce, and pickles with our special sauce

## PHILLY CHEESE STEAK SANDWICH ..... 12.00\$

French brown bread, shredded beef marinated with spices, mushrooms, onions, green pepper " Emmental swiss cheese and cornichon with our special sauce

## HALLOUMI & PESTO SANDWICH ..... 7.80\$

Brown baguette, grilled halloumi pesto sauce, wild rocket and cherry tomatoes

## AVOCADO & CHICKEN SANDWICH ..... 7.30\$

Brown baguette, pesto sauce, wild rocket, avocado, cherry tomatoes and chicken breast

## FISH SHAWARMA AND FRIES ..... 7.00\$

## CHICKEN CLUB ..... 8.00\$

## FRENCH CHICKEN SANDWICH ..... 8.60 \$

## SEJOUK & CHEESE WRAP ..... 7.00\$

*Add Cheddar 0.85\$*

*Add Pesto 1\$*

## CHICKEN LA TOUR



# PLATTERS

## TAWOOK PLATE ..... 9.00\$

Grilled chicken and mushrooms served with side salad and french fries

## CHICKEN ESCALOPE ..... 13.00\$

Deep fries breaded chicken served with thousand islands dip, coleslaw & French fries

## BEEF SHAWARMA PLATE ..... 14.80\$

Shredded beef slices in tahini sauce, tomatoes, onions, pickles, parsley and sumac

## CHICKEN SHAWARMA PLATE ..... 12.50\$

Grilled chicken strips, lettuce, pickles, tomatoes and mayo-garlic mustard sauce served with french fries

## CHICKEN FUNGI ..... 15.60\$

Grilled chicken breast served with mushrooms sauce, sautéed vegetables & French fries

## HEALTHY CHICKEN BREAST ..... 13.50\$

(chicken breast instead of strips) served with season salad, grilled potatoes & garlic dip

## GRILLED POTATO & CHICKEN ..... 16.30\$

Perfectly marinated chicken breast accompanied by our special mushroom risotto & rosemary grilled wedges potatoes.

## CHINESE CHICKEN WITH NOODLES ..... 17.00\$

Sautéed chicken & vegetables with Chinese sauce served with noodles

## STEAK CAFÉ DE PARIS



## CHICKEN ROULADE CREAMY PESTO

## CHICKEN FUNJI



### STEAK ROQUEFORT ..... 22.00\$

200gr beef filet grilled to your liking served with Roquefort sauce sautéed vegetables & French fries

### STEAK SAUCE PEPPER ..... 20.00\$

200gr beef filet grilled to your liking served with pepper sauce, sautéed vegetables & French fries

### STEAK SAUCE MUSHROOM ..... 20.00\$

200g beef filet grilled to your taste served with mushroom sauce, & sautéed vegetables & French fries

### BEEF PESTO ..... 17.00\$

Beef filet strips served with pesto cream sauce & French fries

### FILET DE MEROU ..... 15.00\$

Sautéed fish filet & sweet pepper served with grilled potatoes wedges

### FISH AND CHIPS ..... 14.50\$

Deep fried fish filet served with tartar sauce and French fries

### FISH PROVENÇALE ..... 15.40\$

Marinated fish filet with sautéed vegetables, pomme purée & Provençale sauce

### ASIAN CHICKEN WITH RICE ..... 15.00\$

Sautéed chicken & vegetables with teriyaki sauce served with rice

### BEEF STROGANOFF ..... 18.00\$

classic beef stroganoff with rice & tender strips of beef and mushroom in an indulgent creamy stroganoff sauce

### NOUILLE AU POULET ..... 14.00\$

Made with fettucine, chicken, turkey, sweet corn, fresh mushrooms, green onion, topped with Emmental cheese

### PEPPER CHICKEN ..... 14.00\$

Chicken breast served with pepper sauce, sautéed vegetables & French fries

### CREAMY CHICKEN MUSHROOMS ..... 15.80\$

Grilled chicken breast served with creamy mushroom sauce, sautéed vegetables & French fries

### MELANZANE ..... 14.00\$

Sliced eggplant layered with parmesan cheese and tomato sauce and a hint of basil

### CHICKEN ROULADE CREAMY PESTO ..... 17.00\$

Served with sautéed vegetables and pomme puree

### STEAK CAFÉ DE PARIS ..... 20.00\$

Medallion beef meat with café de Paris sauce served with sautéed vegetables and grilled potatoes

### CORDON BLUE ..... 14.50\$

Deep fried breaded chicken breast stuffed with Turkey & cheese served with coleslaw & French fries

### GRILLED SALMON ..... 25.00\$

Norwegian Salmon served with grilled potatoes and steamed broccoli with a side sauce

## MELANZANE



## NOUILLE AU POULET



# DESSERT

|   |        |
|---|--------|
| CREPE CHOCO-BANANE .....  | 4.65\$ |
| CREPE SPECIALE .....  | 6.00\$ |
| CREPE PATISSIERE A LA VANILLE .....   | L.L.   |
| CREPE FACON TAGLIATELLE .....   | L.L.   |
| PANCAKE .....   | 6.80\$ |
| <small>With your choice of cream cheese and blueberry marmalade or with maple sirup</small>                     |        |
| WAFFLE .....  | 6.85\$ |
| <small>Served with your choice of fresh fruits or with chocolate sauce and 1 scoop of vanilla ice-cream</small> |        |
| WAFFLE SPECIAL .....  | 7.60\$ |
| FONDANT AU CHOCOLAT .....   | 6.85\$ |
| CHOCOLAT MOU .....  | 4.80\$ |
| PAIN PERDU .....  |        |

FONDANT AU CHOCOLAT



CREPE CHOCO BANANE



WAFFLE SPECIAL



# HOT BEVERAGES

|   |        |
|---|--------|
| AFOGATTO .....  | 3.00\$ |
| <small>Espresso and Vanille Ice Cream</small>                 |        |
| AMERICANO .....   | 2.50\$ |
| CAFÉ LATTE .....  | 3.60\$ |
| <small>(HziInt, mint after eight, vanilla or caramel)</small> |        |
| CAPPUCINO .....   | 3.00\$ |
| CUP OF MILK .....   | 3.60\$ |
| ESPRESSO .....  | 1.80\$ |

|                                   |        |
|-----------------------------------|--------|
| DOPPIO .....                      | 2.00\$ |
| HOT CHOCOLATE .....               | 2.80\$ |
| LEBANESE COFFEE .....             | 2.50\$ |
| LIPTON TEA / TEA / MINT TEA ..... | 1.50\$ |
| MACCHIATO .....                   | 4.00\$ |
| MOCHACCINO .....                  | 3.00\$ |
| NESCAFE .....                     | 2.50\$ |
| RISTRETTO .....                   | 2.00\$ |
| COFFEE & CREAM .....              | 3.00\$ |
| TISANE .....                      | 2.00\$ |





# SHAKES & COCKTAILS

|                                      |        |
|--------------------------------------|--------|
| SALTED CARAMEL .....                 | 4.90\$ |
| STRAWBERRY & BANANA .....            | 5.60\$ |
| CHOCOLATE MILKSHAKE .....            | 5.60\$ |
| OREO MILKSHAKE .....                 | 5.60\$ |
| AVOCADO .....                        | 5.75\$ |
| DUO COCKTAIL .....                   | 4.80\$ |
| <i>Avocado and strawberry</i>        |        |
| TRIO COCKTAIL .....                  | 6.60\$ |
| <i>Avocado, mango and strawberry</i> |        |
| COCKTAIL STRAWBERRY .....            | 4.00\$ |
| FRUIT SALAD .....                    | 5.40\$ |
| FRUIT PLATE .....                    | 5.80\$ |



**OREO MILKSHAKE** →



**DUO COCKTAIL**

# JUICES

|                                   |        |
|-----------------------------------|--------|
| FRESH ORANGE JUICE .....          | 2.80\$ |
| APPLE JUICE .....                 | 3.00\$ |
| STRAWBERRY JUICE .....            | 3.60\$ |
| STRAWBERRY AND BANANA JUICE ..... | 4.00\$ |
| MANGO JUICE .....                 | 6.80\$ |
| POMEGRANATE JUICE .....           | 4.00\$ |

|                          |        |
|--------------------------|--------|
| TROPICAL SUNSHINE .....  | 4.80\$ |
| MIX FRUIT JUICE .....    | 4.80\$ |
| FOUR BERRIES .....       | 4.80\$ |
| PASSION FRUIT .....      | 4.80\$ |
| STRAWBERRY CLASSIC ..... | 4.00\$ |
| LEMONADE .....           | 3.00\$ |
| MINT LEMONADE .....      | 3.60\$ |

# COLD BEVERAGES

|                       |      |
|-----------------------|------|
| WATER .....           |      |
| SPARKLING WATER ..... |      |
| SOFT DRINK .....      | -    |
| ENERGY DRINK .....    | L.L. |
| ICED TEA .....        | L.L. |

|  |        |
|--|--------|
| LA TOUR SPECIAL ICED TEA .....           | 4.60\$ |
| CHOCOLATE FRAPPUCCINO .....              |        |
| MOCHA FRAPPUCCINO .....                  |        |
| SPECIAL SALTED CARAMEL FRAPPUCCINO ..... |        |