



PLANTCAFÉ

ALA CARTE MENU

BREAKFAST

OMELETTE 3.0

baby spinach. avocado. cherry tomatoes.
red capsicum. red onion. hummus.



CLASSIC PANCAKES 3.8

mix berries. butter.
served with maple syrup.



STARTER

CAULIFLOWER SUSHI 4.0

avocado. cucumber. carrot.
red bell pepper. chipotle. aioli.



MUSHROOM DUMPLINGS 4.0

baby spinach.
served with sweet & sour chili sauce.



MINI CHEESEBOARD 4.0

spirulina. white cheddar.
served with sunflower chia crackers
apple cinnamon chips.



SOUP

HARIRA 2.0

lentil. chickpea. buckwheat. tomato.
served with toasted thin sourdough bread.



SALAD

CAESAR 5.2

lettuce gems. radish. cherry tomatoes.
capers. parmesan crisp.



MAIN COURSE

CREAMY MASH POTATO 5.0

served with sautéed mushroom and broccoli.



RAMEN 5.0

japanese dashi udon. shiitake mushroom.
roasted sweet potato. bok choy.



DRAGON UDON 5.8

japanese dashi udon.
roasted oyster mushroom. broccoli.
baby spinach. cilantro.



STICKY SESAME CAULIFLOWER BOWL 5.8

served with brown rice.



CLASSIC BURGER 7.6

lettuce. tomato. pickles.
served with baked potato fries.



W.M.E. SHAWARMA 7.9

oyster mushroom. plum tomatoes.
lettuce gems. cucumber. onion.
served with baked potato fries.



KIDS

SPAGHETTI NEATBALLS 3.5

tomato sauce.



MAC AND CHEESE 3.0

creamy cashew alfredo sauce.
almond parmesan.



BAKED POTATO FRIES 2.8



Gluten Free



Contains Gluten



Without Nuts



Contains Nuts

Please refer to your server for more accommodation and preferences.

Plant Café Kitchen sources the highest Quality Fruits, Vegetables, Sprouts, Grains, Legumes, Nuts and Seeds. These ingredients are the inspiration that guide our Plant-Based Menu.
All Prices are in Bahraini Dinar.



PLANTCAFÉ

DESSERT MENU

CHOCOLATE CAKE 4.6
served with vanilla ice cream.



ALMOND CAKE 4.0
served with orange ice cream.



BLUEBERRY CHEESECAKE 4.6
served with goji berry ice cream.



DATE CAKE 4.0
served with cardamom ice cream.



BEVERAGE MENU

SMOOTHIES

KALE IT 1.8/3.3
kale. spinach. mango.



MANGO SUPREME 1.5/2.9
mango. papaya. banana. almond milk.



SUPER BERRY 2.5
blueberry. strawberry. almond milk.



JUICES

SWEET GREEN 2.1
apple. cucumber. celery. kale.



ORANGE BLAST 1.8
orange. carrot. turmeric. ginger.



HARMONY BEETS 1.5
beetroot. red apple. orange.



SPECIALITY LATTE

All speciality latte are sweetened with date syrup

CHAI 3.0
Chai Tea. Coconut milk. Cinnamon.



MATCHA 3.0
Premium matcha tea powder. Almond milk.



GOLDEN TURMERIC 3.0
Turmeric. Almond milk. Cinnamon.



ICE MATCHA 3.3
Premium matcha tea powder. Almond milk.
Matcha ice cream.



ICE COFFEE 3.0
Espresso. Almond ice cream.



COFFEE & TEA

AMERICANO 1.3/1.7

ESPRESSO 1.0/1.5

CAPPUCCINO 2.0/2.5

LATTE 2.0/2.5

MOCHA 2.5/3.0

HOT CHOCOLATE 2.5/3.0

NATURAL BEAUTY 2.5

MASALA ROOIBOS 2.5



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GRAB AND GO / STAY ITEMS

BREAKFAST

BLUEBERRY OVERNIGHT OATS 2.5 BD
gluten free oats. maple glazed almonds.



SPICED APPLE CHIA PUDDING 2.5 BD
red apple. cinnamon. maple glazed almonds



BANANA BREAD 3.9 BD
served with almond butter.



CINNAMON ROLL 2.2 BD
gluten free oats flour. chia seeds.
maple glazed almonds. date paste.



SALAD

HERBAL SALAD 4.6 BD
cherry tomatoes. avocado. radish.
golden raisins. balsamic vinaigrette.



HERB CHEESE POTATO SALAD 3.5 BD
zucchini. cherry tomatoes.



MOZARELLA PESTO SALAD 3.5 BD
baby spinach. cherry tomatoes.



SOUP

CHILLED TOMATO CARROT SOUP 1.8 BD
served with roasted pumpkin seeds
and sunflower seeds.



CHILLED CREAMY PURPLE SOUP 2.0 BD
red apple. red cabbage.



BOWL

RAINBOW BOWL 4.3 BD
buckwheat. kale. beetroot. orange sliced.
spirulina cheese.



CREAMY BUCKWHEAT BOWL 4.4 BD
oyster mushroom. broccoli. sundried tomato.



JAPANESE BOWL 4.0 BD
cremini mushroom. carrot. cucumber.
baby spinach. avocado. brown rice.



CURRIED QUINOA BOWL 4.4 BD
cremini mushroom. red cabbage.
baby spinach. broccoli.



DESSERT

GLUTEN FREE ALMOND CAKE 4.0 BD
served with orange ice cream.



CHOCOLATE CAKE 4.6 BD
served with vanilla ice cream.



DATE CAKE 4.0 BD
served with cardamom ice cream.



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SNACKS

SPICED CHICKPEA WRAP 3.5 BD
quinoa tabouleh. chickpea. tahini sauce.



SPINACH LENTIL WRAP 3.5 BD
plum tomatoes. herb cheese spread.



MEXICAN WRAP 3.5 BD
sour cream. chickpea. avocado salsa. tomato.



NUTTY BBQ WRAP 3.5 BD
spiced bbq sauce. red onion. avocado. lettuce.



BABA GANOUSH 2.6 BD
with veggies



KALE CHIPS 2.5 BD



APPLE CHIPS 1.5 BD

PINEAPPLE CHIPS 1.8 BD

SUNFLOWER CHIA CRACKERS 2.0BD

FENNEL CRACKERS 2.0BD

HERB CHEESE SPREAD 3.5 BD

LABNEH 2.5 BD

PESTO SPREAD 3.5 BD

SMOKED CHEDDAR CHEESE 3.8 BD

SPIRULINA CHEDDAR CHEESE 3.8 BD

COCONUT ENERGY BALLS 2.0 BD

PISTACHIO ENERGY BALLS 2.0 BD

ALMOND BAR 2.2 BD

CHOCOLATE ALMOND BLISS BALLS 1.5 BD

CHIA OAT COOKIES 3.9 BD

JUICES

ORANGE BLAST 1.8 BD

SWEET GREEN 2.1 BD

HARMONY BEETS 1.5 BD

BLACK COCO 1.8 BD

COLD BEVERAGES

BEET LATTE 2.0BD

MATCHA LATTE 2.0BD

ICED MOCHA 2.0BD

COLD BREW 1.6BD

SWEETENED ALMOND MILK 2.6 BD

UNSWEETENED ALMOND MILK 1.8 BD



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