



## CBR & Social Work Services



### CBR MATRIX

HEALTH	EDUCATION	LIVELIHOOD	SOCIAL	EMPOWERMENT
Prevalence	Early childhood	Skills development	Personal assistance	Advocacy and communication
Prevention	Primary	Self-employment	Relationships, marriage and family	Community mobilization
Medical care	Secondary and higher	Wage employment	Culture and arts	Political participation
Rehabilitation	Non-formal	Financial services	Recreation, leisure and sports	Self-help groups
Assistive devices	Lifelong learning	Social protection	Human	Disabled people's organizations

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## WHAT IS COMMUNITY BASED REHABILITATION?

CBR works to grant equal rights and opportunities to every member of a community, including those with disabilities. It focuses on utilizing local resources, advocacy, education and involvement from community members to provide support and promote inclusivity for children with disabilities.

We follow a CBR Matrix, a comprehensive and holistic approach to treating a child. We use both medical practices (medicine, diagnostic tests and physical examinations) and holistic treatment practices (ensuring proper education, livelihood, development of social skills and empowerment). Our medical staff works closely with our social worker and Rehabilitation Field Officers to advocate for children with disabilities.

## REHABILITATION FIELD OFFICERS

Rehabilitation Field Officers (RFOs) are sent into the community and into the homes of children with disabilities to assist the family in learning how to best support a child with disabilities and to help that child reach his or her developmental milestones. This includes sharing exercises designed to promote muscle strengthening needed to perform basic tasks to encourage independence, teaching proper feeding/nutritional practices, securing school support, and providing referrals as needed. TIC has RFOs in Orange Walk, Toledo, Cayo and Belize.

### RFO CONTACT INFORMATION:

Corozal & Orange Walk District

Phone: (501) 602-8266

email:owrfo@inspirationcenter.bz

Belize District

Phone: (501) 602-1057

email:bzcityrfo@inspirationcenter.bz

Cayo District

Phone:(501) 605-6740

Email:cayorfo@inspirationcenter.bz

Stann Creek & Toledo District

Phone: (501) 621-1206

email:toledorfo@inspirationcenter.bz

## WHAT CAN A SOCIAL WORKER DO FOR ME?

For each client, our social worker will conduct a basic assessment to determine the needs of a child and the family. From there, the social worker works closely with the entire TIC staff to provide guidance and resources for families who may have difficulties coping with their child's diagnosis, treatment or life situation.

### *This support includes:*

- Aid in finding financial assistance for therapy.
- Working with schools to ensure each child receives a good education in a positive environment.
- Working with teachers to monitor the progress of students and develop individualized learning plans for each child.
- Providing conflict mediation to help resolve issues.
- Running parent support groups to facilitate a space where parents of children with disabilities can support each other, ask questions and share insights.
- Bridging the gap between the clinical and the community aspect of diagnosis and treatment.
- Improving diagnosis and treatment through interventions and case management.
- Providing social work support to RFOs.
- Soliciting and distributing donations.
- Working as a mandated reporter of abuse, neglect or harm of children.

