



Skriv för att lägga till bildtext.

MAIN COURSES

Swedish meatballs D450
Grilled chicken D400
Creamy chicken pasta D350
Shrimp pasta D400
Pasta bolognese 350
Cheese burger D400
Atiekeh D475/D495
*chicken/fish
Yaza D350
Benachin (jollof rice) D350
Domoda D350
Fish & chips D375



LUNCH

11:00 - 15:00

*Welcome to THE HERITAGE, a unique
fine dining experience. Authentic food with
daily fresh groceries that will take your
tastebuds to celestial beauty of food
combined with astonishing cocktails &
music.*

*Please make us aware of any allergies or
special dietary and we will do our utmost
to accommodate you. Our kitchen closes
30 min before closing time!*

SALADS, WRAPS & SANDWICHES

Chicken salad D400
Shrimp salad D450
Salmon salad D550
Caesar salad D350
Greek salad D350
Chicken wrap D300
Shrimp wrap D375
Beef wrap D350
Salmon wrap D550
Club sandwich with lemon & garlic chicken
D350
Steak sandwich D375
Chick pea saffron stew *veg D350



STARTERS

Bruschetta D225

Ceviche with shrimps & cucumber yoghurt
D275

Gazpacho topped with yoghurt & roasted
olive oil bread D250

Spicy wings D250

Bbq wings D250

Halloumi salad with cashew nuts, apple &
honey dressing D285

Hot wings with blue cheese dressing D265

Shrimp cake with lemon aioli D295

Shrimps in breadcrumbs D275



À LA CARTÉ

*Welcome to THE HERITAGE, a unique
fine dining experience. Authentic food with
daily fresh groceries that will take your
tastebuds to celestial beauty of food
combined with astonishing cocktails &
music.*

*Please make us aware of any allergies or
special dietary and we will do our utmost
to accommodate you. Our kitchen closes
30 min before closing time!*

SPECIALS

Kalops with beetroot salad D650

*prime rib that has been slowly cooked for hours with
vegetables

Pineapple shrimp fried rice with grilled salmon
& homemade salsa D850

**seasonal enquire with your waiter*

Mix grill platter D1500 for 2

*chicken, t-bone, entrecôte & wings with bbq sauce

Surf n Turf with mashed potatoes D895

*tiger prawn & entrecôte

Seafood lasagna D725

Lamb racks with potato gratin D650

*slowly baked & grilled with our secret seasoning

**enquire with your waiter*

Salmon bowl D700

**enquire with your waiter*



STARTER

Fried plantain with spicy gravy *D250*

Meat pie *D250*

Moi Moi *D250*



HERITAGE

WEST AFRICA'N A LA CARTÉ

MAIN COURSES

Atiekeh *D475/D495*

**chicken/fish*

Benachin (jollof rice) *D400*

**chicken or fish*

Domoda *D400*

**peanut butter stew with chicken*

Yaza *D400*

**sautéed vegetables with lemon, chicken or fish*

Cow foot soup *D350*

Oxtail soup *D350*



"A people without the knowledge of their past, origin & culture is like a tree without no roots. Every family has a story... Welcome to ours The Heritage!"

West African authentic cuisine with fresh groceries that will take your tastebuds to the celestial beauty of food combined with astonishing cocktails & music. Please make us aware of any allergies or special dietary requirements and we will do our utmost to accommodate you.

MEAT

Entrecote *D755*

T-bone steak *D795*

Heritage's special full grilled chicken *D675*

Grilled chicken with jerk herb butter *D475*

Skewers with vegetables *D455*

**beef or chicken*

Chicken fried rice *D450*

Cheese burger with chips *D400*

**served with potato gratin, mashed potatoes, fries,*



HERITAGE

A LA CARTÉ

FISH

Grilled red snapper with dill & lemon herb
butter *D495*

Salmon *D700*

**enquire with your waiter*

Grilled Thiof *D650*

Creamy fish soup with saffron topped with
shrimps & garlic aioli *D465*

Fish & chips *D400*

**served with plantain, saffron rice, mashed potatoes
fries or grilled vegetables*

SEAFOOD

Garlic stuffed grilled lobster with spinach
cheese pasta **as per catch from D1500*

**enquire with your waiter*

Seafood paella *D875*

Shrimp fried rice *D500*

Shrimp skewer with saffron rice *D500*

Seafood platter *D1500 for 2*

**tiger prawns, gambas, crab, calamari & butter fish with.
Served with potato gratin, homemade fries, rice or grilled
vegetables*



PASTA

Entrecôte pasta D495

Shrimp pasta with spinach D450

Creamy chicken pasta D400

Pasta bolognese D400

Lasagna D450

Salmon pasta D550

**enquire with your waiter*

Lobster pasta D550

**enquire with your waiter*



HERITAGE

A LA CARTÉ

VEGETARIAN

Halloumi burger with paprika cream &
chimichurri D425

Chick pea stew D400

Vegetarian lasagna D450

Vegetable soup D350

Vegetarian pasta D400

**served with plantain, fries or grilled vegetables*

EXTRAS

Mint yoghurt

Bbq sauce

Brown sauce

Apple tzatziki

Tzatziki

Plantain

Chimichurri

Peppar sauce

Garlic aioli

Lemon aioli

Gravy

D100



NAIN COURSES

Pasta bolognese D250

Cheese burger with fries D250

Pizza D375

*margarita, chicken or sausage pizza

Grilled chicken D250

*with fries or rice

Fish with mashed potatoes D295



HERITAGE

OUR HEARTBEATS MENU

There are two gifts we should give our children.

One is roots & the other one is wings.

Wings to show them what they can become.

Roots to remind them where they came from.

DESERTS

Swedish apple pie D150

Gino with vanilla ice cream D165

Ice cream D150

**enquire with your waiter for flavor*



Shredded entrecôte *D235*

Bbq Wings *D250*

Quesadilla *D250*

Greek salad *D165*

Plantain *D100*



HERITAGE

TAPAS

Beef in sautéed onions *D215*

Garlic shrimps *D235*

Shrimp tortilla cupcakes *D235*

Shrimps in bread crumbs *D275*

Home made fries with aioli *D150*

*We recommend 3 tapas dishes for 1 person

Pineapple & coconut salsa *D175*

Bruschetta *D175*

Green grill plate with chili oil & balsamic *D175*

Grilled potatoes with chili & aioli *D175*

Sweet potato with parmesan cheese *D175*



TOPPINGS

-chicken	-egg
-tuna	-shrimps
-onions	-chili
-bacon	-garlic
-peppers	-tomatoes
-black olives	-meatballs
-pineapple	-bbq sauce
-beef	-banana
-mushroom	-bbq chicken
-pepperoni	-sausage



HERITAGE

PIZZA

*No matter what happens, pizza will always be there
for you, thick & thin, in the crust we trust.*

Choose your own toppings & create your
very own pizza or choose one that we've
already created for you!

Either way it will turn out delicious!

2 toppings D450

3 toppings D500

4 toppings D550

*all pizzas comes with homemade tomato sauce &
mozzarella cheese, except our Nutella pizza

Entrecôte pizza D475

*shredded entrecote, garlic, chili

Heritage's pizza D475

*shrimps & crab

Fratelli D475

*chicken, banana, pineapple, curry

Bruschetta D450

*tomatoes marinated in garlic & herbs

Chicken pizza D450

*oven baked chicken, lemon, spices & herbs

Mexicana D475

*minced meat, onions, pepper

Nutella pizza D450

*nutella & fruits



Carrot cake *D175/slice*

Gino with vanilla ice cream *D265*

Swedish apple pie *D250*

Chocolate baked bananas *D225*

Mud cake with ice cream *D225*



HERITAGE

DESERTS

The secret ingredients

is always

love!

Crepes suzette *D265*

Chocolate cake *D200/slice*

Grilled pineapple & mango with
coconut & ice cream *D255*

Ice cream *D200*

**enquire with your waiter for flavor*



RED

Pearl Bay *D750/Glass D165*

Baron d'Arignac *D1200/Glass D265*

Golden Kaan *D1200/Glass D265*

KWV shiraz *D1500/D335*

Roodberg *D1800/Glass D370*

Yellow tail *D1900*

Mouton Cadet *D2500*



HERITAGE

WINE

WHITE

Pearl bay *D750/Glass D165*

KWV *D1200/Glass D275*

Golden Kaan *D1200/Glass D265*

Yellow tail *D1800*

SPARKLING

Pearl bay *D850/Glass D185*

Prosecco *D2880*

ROSÉ

Pearl bay *D850/Glass D185*

KWV *D1200*



Cosmopolitan *D350*
Champagne cocktail *D375* '
French 75 *D350*
Old fashioned *D350*
Whiskey sour *D350*
Strawberry daiquiri *D375*
Tropical daiquiri *D385*
Sex on the beach *D350*



HERITAGE

COCKTAILS

Mai tai *D350*
Pisco sour *D350*
Dark n´Stormy *D350*
Vodka Martini *D350*
Tom collins *D350*
Pina colada *D350*
Long island *D450*

*ask your waiter for virgin versions of our cocktails

Dry martini *D350*
Margarita *D350*
Gimlet *D360*
Moscow mule *D350*
Mojito *D325*
Strawberry Mojito *D350*
Tropical mojito *D365*



Coca cola *D75*
Fanta *D75*
Sprite *D75*
Diet coca cola *D85*
Fruit cocktail *D75*
Vimto *D75*
Malta *D85*
Red bull *D200*
Heineken *D155*
Guinness *D175*
Julbrew *D100*
Julbrew export *D150*



HERITAGE

DRINKS

Orange juice *D75*
Apple juice *D75*
Pineapple juice *D75*
Tropical juice *D75*
Green garden juice *D125*
Baobab *D75*
Wonjo *D75*
Ice tea *D100*
Chapman *D125*
Perrier water *D100/D245*
Water *D50/D100*

HERITAGE
Oasis Apartment Complex, Kololi Senegambia
744 65 93
heritagerestaurant.gm@gmail.com

Coffee & Tea

Coffee *D100*
Tea *D100*
Mint tea *D125*
Espresso martini *D300*
Cappuccino *D125*
Espresso *D85/D150*
Cafe au lait *D125*
Chocolate milk *D125*

